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## Mental Health Matters Resources

Here you will find resources from Mental Health Matters, which we are now giving them a home on our website. If you are interested in finding out more about mental health or Mental Health Matters, please email [office@inclusive-church.org](mailto:office@inclusive-church.org) [1] or [click here](#) [2].

### The Resources

**Chester Pack 1 in 4** [3] : a pastoral resource commissioned originally by the Diocese of Chester.

**Understanding Mental Health** [4] : a guide by Oxford Diocese.

**When Autism and Mental Health Collide** [5]: an article by Ann Memmott

**Mind Ed Hub** [6]: a resource for those who work with young people.

**Papyrus UK** [7]: provide confidential help to those working with young people and work on suicide prevention in young people.

**Prayers on a Mental Health theme** [8]

**Poems and Reflections on Mental Health** [9]

**Bible Readings on a Mental Health theme** [10]

**Worship Resources for World Mental Health Day** [11]

**Hymns, songs and chants** [12]from Mental Health Matters

**Hymns for World Mental Health Day** [13]

**Mental Health, Healing and Faith** [14]by Revd Christopher Newell, Chaplain in the Dept of Spiritual and Pastoral Care, Cornwall Partnership NHS Foundation Trust

### Social Issue:

Mental Health [15]

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**Source URL:** <http://inclusive-church.org.uk/mental-health-matters-resources>

### **Links**

- [1] <mailto:office@inclusive-church.org>
- [2] <https://www.inclusive-church.org/mental-health>
- [3] <http://inclusive-church.org.uk/sites/default/files/files/Chester%20Pack%201%20in%204.pdf>
- [4] <http://inclusive-church.org.uk/sites/default/files/files/Understanding%20Mental%20Health-%20Oxford%20Dio.pdf>
- [5] <http://www.autismafter16.com/article/09-24-2012/when-autism-and-mental-health-issues-collide>
- [6] <https://www.minded.org.uk/>
- [7] <https://papyrus-uk.org/>
- [8] <http://inclusive-church.org.uk/sites/default/files/files/prayers%20on%20a%20mental%20health%20theme.pdf>
- [9] <http://inclusive-church.org.uk/sites/default/files/files/Poems%20C%20reflections%20and%20non-biblical%20readings.pdf>
- [10] <http://inclusive-church.org.uk/sites/default/files/files/biblical%20readings%20on%20mental%20health%20themes.pdf>
- [11] <http://inclusive-church.org.uk/sites/default/files/files/Worship%20resources%20World%20Mental%20Health%20Day%202012.pdf>
- [12] <http://inclusive-church.org.uk/sites/default/files/files/Hymns%20songs%20and%20chants%20MHM.pdf>
- [13] [http://inclusive-church.org.uk/sites/default/files/files/Hymn%20for%20World%20Mental%20Health%20Day\(1\).pdf](http://inclusive-church.org.uk/sites/default/files/files/Hymn%20for%20World%20Mental%20Health%20Day(1).pdf)
- [14] <http://inclusive-church.org.uk/sites/default/files/files/Mental%20Health%20and%20Healing%20Ministries.pdf>
- [15] <http://inclusive-church.org.uk/inclusion/mental-health>
- [16] <http://twitter.com/share>